NOTES OF THE MAIN MEETING ON:



Date: Monday 22 March 2021

Time: 16:30

Venue: Online via Zoom

YOUTH COUNCIL MEMBERSHIP:

DEPUTY MEMBERS

VOTING MEMBERS

		DEPUTT WEIVIDERS	
Cate James-Hodges (Archway School) - EN	Р	Conner Roberts (Cam & Dursley Youth Forum)	А
Emma Champion (Berkeley Vale Youth Forum)	А	Ellie Archer (Cam & Dursley Youth Forum)	А
Saul Traquino (Berkeley Vale Youth Forum)	А	Baz Leach (Hardwicke Youth Forum)	А
Fin Smith* (Cainscross Youth Forum)	Р	Tom Werrett (Katharine Lady Berkeley School)	А
Jasmine Beese (Cainscross Youth Forum)	Α	Nell Porter (Katharine Lady Berkeley School)	А
Maxie Wells (Cam & Dursley Youth Forum)	Р	Tayla Handbury (Maidenhill School)	А
Coban McGee (Cam & Dursley Youth Forum)	Α	Olivia Burke (Nailsworth and Minchinhampton YF)	А
Amber Lowery (Chalford Cubed Youth Forum)	P#	Megan Land (Nailsworth and Minchinhampton YF)	P#
Miki Bailey (Hardwicke Youth Forum)	Α	Sophie Miles (Rednock School)	А
Leon Linton-Blake (Hardwicke Youth Forum)	А	Freya Sinclair (Wotton Youth Forum)	А
Beatrix Herbert (Katharine Lady Berkeley School)	А	Joel Clark (Wotton Youth Forum)	А
Archie Gent (Katharine Lady Berkeley School) - LD	AP		
Bliss Ackland (Maidenhill School)	А		
Skye Rees (Maidenhill School)	Р		
Ben Stone (Marling School) - HWB	Р		
Billy Smeaton (Nailsworth & Minchinhampton YF)	А		
Evie Urquhart (Nailsworth & Minchinhampton YF)	А		
Morgan Smith (Rednock School)	AP		
Ted Smith (Rednock School)	А		
Charlie Hayward (Stonehouse Action 4 Youth)	А		
Lotty Trunks (Stroud High School)	AP		
Alice Standing (Stroud High School)	А		
Lily Haines (Stroud Town & Five Valleys YF)	P#		
Tom Wickham-Bassett** (Stroud Town & Five Valleys YF)	Р		
Brandon Watkins (Thomas Keble School)	Р		
Carina Marlot (Thomas Keble School)	P#		
Phoebe Davies (Wotton Youth Forum)	А		
Lily Stothard (Wotton Youth Forum)	AP		
EX-OFFICIO		CO-OPTIONS	
Helen March	А	Amie Radford (Gloucestershire Young Carers)	А
Claire Gee	Α		

** = Chairperson * = Vice-Chairperson (L) = Leader P = Present A = Absent AP = Apology given # = present for part of meeting

А

Principal Members: (AB) = Anti-Bullying; (HWB) = Health & Wellbeing; (EN) = Environment; (LD) = Local Democracy

Others Present

Millie Radford

Steve Miles, Senior Youth Officer; Seb Williams, Youth Work Officer; Jemma Grieve, Youth Participation Officer; Dave Rawlings, Healthy Lifestyles Development Officer - Stroud District Council Cllrs Nigel Prenter & Miranda Clifton - Stroud District Council An Introduction to Zoom took place from 4pm - whereby those in attendance who were not used to the online video platform and / or the format for this meeting, were able to question and test various aspects of this function. It also gave a chance for informal conversation between members to take place.

1. Welcome and Apologies

The Chair welcomed members to the meeting, particularly those attending for the first time, as well as Cllrs Nigel Prenter and Miranda Clifton, plus Dave Rawlings, SDC Healthy Lifestyles Development Officer. Apologies are listed on the record above.

2. Minutes of the Last Meeting – 22 February 2021

The minutes of the last main meeting were agreed to be a true and accurate record. *Proposed by: Fin Smith; Seconded by: Ben Stone.*

3. Matters Arising

- a) Meeting with Ben & Katie Adsett, Cotswold & Stroud MYP (Ben)
 - The conversation mainly focused on mental health as a general matter of concern they formulated some ideas of what and how improvements could be made. A second meeting may be held.
- b) BBC Radio Gloucestershire: Young Peoples Mental Health Update (Steve)

Following email exchanges with Chris Sandys, a presenter at the radio station, Steve could highlight that they were keen to engage with young people and raise a positive profile of work around mental health. The station was aiming to get clear messages to larger populations of people. Members agreed that a meeting should be arranged with the presenter.

c) Stroud Water Train Station Campaign – discuss SDYC support for campaign (All)

Members felt that the presentation was easy to follow, even though it was given online. There were 3 ways to support this campaign including the signing of the 'registration of support' and lobbying respective decision-makers. Some members felt this shouldn't be a priority project for SDYC, as many others were more important. It was agreed that further discussion would be had at the SDYC Annual Review event.

d) Stonehouse Climate Action Forum webinar - video of Cate presenting

Members were shown the video of Cate presenting at the event, which gained a lot of attention and profiled the work of SDYC.

e) SDYC Championing Kooth mental health and wellbeing website (All)

Having researched the website, members involved felt it was very safe with it being monitored. It was easy to access and didn't required personal details to be shared in which to access information, advice and guidance. Further discussion on if and how SDYC could promote this website was had under item 7 b).

4. Correspondence

Museum in the Park – Meet the Experts programme

Members involved in the SDC Performance Monitoring work expressed an interest in a 'Meet the Expert' programme at the Museum in the Park – details of this were shared with everyone, with information also being passed on to members via email. Those with further interest, were asked to enquiry as soon as possible.

Local Elections 2021

A brief overview of the forthcoming local elections was given. Taking place on May 6, it includes some parish/town councils; Stroud District Council; Gloucestershire County Council; and the Police and Crime Commissioner. All those aged 18 and over were encouraged to check they were registered to vote and subsequently cast their vote via post

or visit their allocated polling station on the day. It was noted that those 16 and over can register to vote in future elections.

5. Updates from School & College Councils and Local Youth Forum Groups

<u>Archway School</u> – the student council had recently met and Cate had attended this and a meeting with the lead tutor to share information and encourage greater links with SDYC. A consultation for the Paganhill community regarding young people, the environment and mental health had been undertaken in the school. A promotion of the Kooth website had also taken place.

Berkeley Vale YF – no representatives were present.

<u>Cainscross YF</u> – no report was available.

<u>Cam & Dursley YF</u> – whilst communication between the group had continued, they had not yet met during the pandemic. It was hoped this would change soon.

<u>Chalford Cubed YF</u> – no report was available.

Hardwicke YF – no representatives were present.

Katharine Lady Berkeley School – no representatives were present.

<u>Maidenhill School</u> – the school council still hadn't met since September.

<u>Marling School</u> – the student council had been working on the nomination process for electing representatives to SDYC.

Nailsworth & Minchinhampton YF – no representatives present.

<u>Rednock School</u> – the school council still hadn't met since September.

<u>Stonehouse Action 4 Youth</u> – no representatives present.

<u>Stroud High School</u> – no representatives present.

<u>Stroud Town & 5 Valleys YF</u> – plans for future conversations were underway regarding a variety of community matters in and around the town.

Thomas Keble School – there still hadn't been a student council meeting since the end of 2020.

Wotton YF – no representatives present.

6. Presentations at SDC Council Meeting on 18 March – video of Tom and Cate

In their respective roles as Chairperson and Principal Member for Environment, Tom and Cate had been invited to attend and speak at the recent SDC Council Meeting on two decision-making reports that were being presented; one related to the draft equality, diversity and inclusion policy; the other was the Council's 2030 strategy and master plan, which included the statement of commitment from SDYC. Acknowledging that this was the first time (ever) SDYC had spoken at a Full Council meeting, the respective YouTube video was played for members present to see and hear. Tom and Cate both were highly commended by adult Councillors for their contributions, which was felt to had a huge impact.

7. Reports from meetings of Project Teams and Focus Groups

a) Leadership Team – report from meeting on 1 March, presented by Lily Haines:

Draft Youth Voice Vehicle letter to Councillors & Director of Children Services

Members were asked to note, that a letter has been drafted and will be co-signed by the SDYC Leader and Chairperson accordingly and sent to those decision-makers listed (county councilors representing Stroud district and the county Director of Children services), as soon as possible.

Draft SDC CN2030 Strategy statement

Members were asked to note, that the SDC Carbon Neutral 2030 strategy documents were assessed and amendments and inclusions would be presented to the SDC CN Officer, alongside the statement (which the Leadership Team had drafted): 'As the lead youth voice organisation in the district, Stroud District Youth Council will continue to encourage young people and all educators to be actively involved in the efforts to become carbon neutral and address climate and ecological emergency by 2030.'

Discuss Annual Review & AGM arrangements

Members were asked to note, that in light of the amount of SDYC business that needed to be carried out during March, together with the impact of the covid pandemic, a postponing of the Annual Review and Annual General meeting by one month, would be supported.

Discuss creation of Meeting Protocol for involving SDYC in SDC Performance Monitoring

Members were asked to note; that progress had been made to create a Meeting Protocol for involving SDYC in SDC Performance Monitoring.

Proposed by: Lily Haines; Seconded by: Ben Stone. Following a vote, the report was approved.

b) Health Focus Group – report from meeting on 8 March, presented by Ben Stone:

Healthy Lifestyle Officer Update

The group discussed the negative connotations of mental health, glorifying of negative mental health and the support available for those people. Discussion also on preventative services that were available to them in the district - of which not many suggestions could be made. It was generally felt that more conversation on promotion is required of current services and if there are no current services, then they need to be created. The group also noted various schools' responses to mental health with some having wellbeing days as a break from online learning. The group was informed of the five ways to wellbeing however, as the group did not know what this was, it has been illustrated that further education of this is required. The group were surprised that schools are not teaching this.

Members were asked to note; that David Rawlings, SDC's Healthy Lifestyle Officer, discussed mental health with the group and the future steps that are required.

Reflection on C-Card and National Condom Day Promotion

The group reflected on the artwork that was created for National Condom Day, there was special thanks to Carina who created the artwork. The group also discussed the email about the C-Card survey that was sent by Ben to SDYC school reps to be forwarded to school heads. Feedback on how schools had responded, was mixed. The group also discussed sexual education that schools had provided over lockdown. Lack of education / poor education / non regulated education and openness to talk, were all highlighted as barriers again.

Members were asked to note; that the HFG reflected on the promotion of National Condom Day and the C-Card Survey.

Sexual Health Promotion Video

Members were asked to note; that the group discussed the creation and implementation of a Sexual Health Promotion Video in relation to the recommendation that was previously agreed. Further discussion on this will take place including a possible training event.

Patient Participation Group Network Presentation

The group discussed the invitation to the SBV PPG meeting in which young people were asked to provide feedback on the consequences of the pandemic. Due to the time of the meeting falling during school hours, the group decided that an email of SDYC representative's experiences would be beneficial.

Members were asked to note; that the group discussed the Stroud and Berkeley Vale Patient Participation Group Network (PPGN) presentation and instructed Jemma to collect SDYC representatives' opinions and send the PPGN the feedback provided.

Mental Health First Aid Training

The group was presented with two choices: Provide uncertified training, the same training provided for the previous two years, which is available to all members. Provide certified training that is only available to members aged 16 and over. The group concluded that the second option of certified training was preferable. Members were recommended; that certified Mental Health First Aid Training for over 16's is provided.

Exam Stress and School Pressure

The group discussed the work of the British Youth Council on this subject and their links with the Kooth website for young people. It was generally felt that this resources was the best way for SDYC to improve the issue of exam stress and school pressure.

Members had it proposed to them; that SDYC's project on pressures and stress regarding exams should be focused on promoting student access and usage of the website Kooth.

Proposed by: Ben Stone; Seconded by: Cate James-Hodges. Following a vote, the report was approved.

c) Anti-Bullying Project Team – report from meetings on 24 February & 17 March, presented by Brandon Watkins:

<u>Analysing survey results & forming sub conclusions from the data and comments per question</u> Members were asked to note; that the team have worked hard to further analyse the results and have begun forming sub conclusions from the data and comments, per question. This is an intensive part of the project and team members are working extremely hard to formulate the outcomes.

Proposed by: Brandon Watkins; Seconded by: Cate James-Hodges. Following a vote, the report was approved.

8. British Youth Council (BYC) Report – presented by Cate James-Hodges

Cate highlighted a number of opportunities currently available from the BYC, this included; International advocacy, the Commonwealth, UK Ambassadors and the European Youth Forum. Changes to the Erasmus+ programme due to Brexit were highlighted, with the loss of informal education from the criteria seen as a huge disappointment. Some discussion was had on the various items presented. There were no actions required.

9. Gloucestershire Community Rail Partnership (GCRP) – Update

The Seb presented the latest and final version of the online survey. The latest promotion and marketing graphics included all forms of transport – feedback from members was very positive, including that the lines were sharper than before and the colour combinations were good. Other comments were, that it needed a 'title' and clarification of age range. The promotion of the prize / competition was important. The bigger text and inclusion of logos plus a QR code, were felt to be greater benefit. It was planned that the survey would go live in April for at least 8 weeks.

10. Youth Voice Representatives Training Events

The following training courses were highlighted and members encouraged to put themselves forward as soon as possible, particularly as places were slightly limited;

- a) Mental Health First Aid Awareness Course (16+) 1 Session: Tuesday 29 March
- **b)** Community Organising Course 3 Sessions: Wednesday 7, Friday 9, & Tuesday 13 April

11. Annual Review and Annual General Meeting: Revised Dates – 19 April & 24 May

Following a brief discussion, members agreed that the dates for the Annual Review event and the Annual General Meeting, should be revised and subsequently take place on the 19 April and 24 May respectively.

12. Dates of Forthcoming Meetings and Events

- a) SDYC Anti-Bullying Project Team Meeting Wednesday 24 March
- **b)** SDYC Leadership Team Meeting *TBC*
- c) SDYC Environment Project TBC
- d) SDYC Health Focus Group Meeting TBC
- e) SDC Members Information on Youth Service Event Thursday 15 April

13. Any Other Business

Patient Participation Group Network Presentation of Survey Results

Members were encouraged to reply to the informal survey, in which to enable a report to be presented at the forthcoming network meeting.

14. Date of the next meeting – Annual Review Event

Monday 19 April 2021